

User instructions for the **genuS** kneewalker

Dear patient, please read these instructions carefully before using the **genuS** kneewalker.

In case of questions You are welcome to contact us.

We wish You a good convalescence. Your **genuS** team.

Indication

The **genuS** kneewalker shall make the walking and standing with crutches easier by preventing the typical pain problems from use of crutches in wrists, elbows and shoulders. The **genuS** kneewalker can be used in cases of all injuries of foot and leg down from the middle of the lower leg.

How to fit – see the other page on the backside

We recommend the mounting and adjusting of the **genuS** kneewalker to Your body measures by Your doctor, therapist, or orthotist.

Please mind:

The **genuS** kneewalker should be used only after supervision with Your doctor or therapist. The knee to be used with the **genuS** kneewalker shall not have any damages.

To insure the safety You must use crutches with enough stability – see further information on the right side.

The **genuS** kneewalker should be loaded maximum with 100 kg. By higher body weight of the patient please contact first the **genuS** company or an orthopedic technician.

The **genuS** kneewalker is to use only as a walking aid and standing aid. Climbing staircases is not permitted in this form. For walking on staircases please use the common method of crutch use on staircases.

The walking shall happen only with both crutches, although the **genuS** kneewalker enables to walk with just one crutch. The crutches must be positioned straight onto the ground.

How to clean

The **genuS** kneewalker should be cleaned with a moistened sheet and become dried afterwards. You can tow off the foam pillow and replace it by a new one.

Which crutches are usable with the **genuS** kneewalker?

The **genuS** kneewalker can become attached on crutches with a tube diameter between 20 mm and 23 mm. For UK – crutches with a diameter of 26 mm You need special mounting clamps and screws, this is to order especially.

Please mind, that on crutches with adjusting knob the knob is not covered at all from a mounting shell, because then it cannot rest safely into the adjusting whole.

Please control the safe mounting of the clamps daily and re-adjust it with the added jack key when needed. Please also control daily the proper condition of Your crutches. In case of a deforming they must be controlled from an orthotist and in case of doubt replaced by new crutches!

The crutch used with the **genuS** kneewalker must become replaced after one year of use by a new crutch. For longtime patients we recommend heavy load crutches with only one tube.

The **genuS** kneewalker must become replaced after 2 years of use by a new one – please see the date of Your bill.

How do I find the right crutch matching with **genuS** kneewalker?

A simple rule: body weight of patient + 50 kg = minimum crutch loadability

Please check the information sticker on Your crutch.

Example: weight of patient = 90 kg, add 50 kg, crutch loadability is 140 kg.

Please proof whether the **upper** end of the lower insert tube of the crutch is ending **ABOVE** the **lower** mounting clamp of the **genuS** kneewalker. If this is not the case, please adjust this or use a crutch where this is matching.

Because there are a lot of different producers of crutches, the crutches can have different values of material although with the same loadability, this because of constructional reasons.

Thus the values shown in the schedules above can be only a basic orientation about the maximum load of crutches. They do not replace the communication with an experienced orthotist who can recommend crutches matching to You.

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